The theme of this year's relay was "Paint a World Without Cancer." This year we raised $11,185.00 and we took second place for overall team fundraising. This is the agency's 16th year participating in Madera Relay for Life and we have contributed over $210,000 so far.

Our camp site took first place again this year thanks to the creative ideas of Tina Gomez and Brittney Erigio. Our camp site color was orange which represents leukemia cancer. What a cute idea to think of Nemo!

These were the following members of the team: Angela Avila; James Chandler and his wife, Linda; Brittney Erigio; Tina Gomez and her mother, Joan Smith; Tammy McDougald; Maria Perez; Adriana Pompa; Gabby Salazar; and Donna Tooley.

Much thanks to all of the CAPMC staff that participated in the agency's fundraisers this past year. Without the staff support, our success would not be possible. We all have family and friends that have been impacted by cancer.

Also, special thanks to Tina Gomez who spearheaded the CAPMC Relay Team this year. She attended many organizational meetings, shared emails, recruited team members, and encouraged us all! I was the co-captain.
COMMUNITY ACTION PARTNERSHIP OF MADERA COUNTY
AGENCY INFORMATION... Here’s the Scoop

CATCHING PEOPLE... DOING THE RIGHT THING

ELIZABETH WISENER for going above and beyond in helping a client find their friend that was located in Victim Services.

ALEJANDRA McBREATY, MARITZA MATA, & LAURA ADAMS for taking all the extra time and talent that went into making the Victims’ Rights Week Event SPECTACULAR!

NORMA ALVAREZ for an amazing job working with domestic violence victims at Behavioral Health. Norma facilitates a weekly group with survivors that struggle from abuse and mental health conditions. Norma is patient, kind, and trustworthy, which is why the participants in her group report a productive outcome. Norma applies activities that inspire personal growth and self-empowerment to strengthen each individual’s self-worth. The staff at Behavioral Health shared how much they appreciate Norma and that she is an integral part of the Madera Access Point program. Great job Norma!

MARK YOUR CALENDAR...
MAY 30, 2016- Memorial Day Holiday
JUNE 14, 2016– Flag Day
JUNE 15, 2016- World Elder Abuse Awareness Day
JUNE 19, 2016– Father’s Day
JUNE 20, 2016- First Day of Summer
JULY 4, 2016- Independence Day

Did you break the dress code for a cause on April 27, 2016?

This year’s Denim Day brought awareness to sexual assault through many ways. Staff broke the dress code by wearing jeans on a non-casual day, agencies across the nation participated, and Congressman Jim Costa recognized Denim Day in Washington D.C. on the House Floor. He also highlighted the work CAPMC is doing in supporting and serving all victims of sexual assault. Thank you to all that participated and helped bring awareness to sexual violence.

Congratulations To Jeannie Stapleton from Community Services!!! Jeannie won a grand lantern for her participation in the April 2016 Newsletter Safety Game Quiz. Thank you to all who participated and continue playing for your chance to win!

SAFETY GAME PIECE

Due to the H/R Department— Friday 05/20/2016 at 12:00 PM

NAME:________________________
I.D.#:__________________
WORKSITE:____________________

Question:
When is the strongest sun exposure?

Answer:
Victims’ Rights Week Event
By Maritza Mata

Victim Services held its 2016 National Crime Victims’ Rights Week Kickoff event on Friday, April 8th. Featured was a memorial display of victims who have lost their lives to crime. Families and guest were in attendance. This year’s honorees were, Brent Cederquist-Madera Police Department, Debbi Anglin-Madera County Probation, Mike Hardin-Madera Sheriff Office, Linda Parrino-Court Clerk, Beatriz Tavera-Court Clerk, and Noah Marshall-Madera County District Attorney Office. These community members were honored for their outstanding services on behalf of crime victims. Victim services would like to thank all who attended.

Welcome to CAPMC!
New Employees & New Positions

GUADALUPE GARCIA
Instructional Aide II/Janitor– Madera Migrant Head Start

DEISY PIMENTEL
Instructional Aide II/Janitor– Madera Migrant Head Start

ARACELI ANAYA
Advocate– Fresno Migrant Head Start

- Accountant Program Manager- Fiscal
- Advocate II/III- Fresno Migrant Head Start
- Advocate II/III- Madera Head Start
- Advocate III- Victim Services
- Associate Teacher- Fresno Migrant Head Start
- Associate Teacher- Madera Head Start
- Customer Technician Assistant- Community Services
- Instructional Aide II/Janitor- Fresno Migrant Head Start
- Instructional Aide II/Janitor- Madera Head Start
- Instructional Aide III/Janitor- Madera Head Start
- Janitor- Fresno Migrant Head Start
- Janitor- Madera Head Start
- Site Supervisor/Teacher- Madera Head Start
- Specialty Advocate- Victim Services

By Carlos Reyes
Congratulations to the Graduates of the Strengthening Families Program!

There were a total of 9 families that graduated from the Strengthening Families Program. The families included 6 children from ages 6 to 11 that graduated and 2 teens from ages 12 to 17 that graduated. These families completed the 14 week course. Every family was provided the opportunity to participate in group sessions that they could attend with their children. The Program showed parents effective ways to improve family relationships and improve behavior in children.
**Name:** Brittney Erigio  
**Job Title:** Accounting Assistant  
**How long have you worked for CAPMC?** 2 years.  
**Where were you born and raised?** I was born in Monterey Park, raised in Los Angeles and partially in Madera.  
**What do you do in your spare time?** In my spare time I like to do anything involving painting my nails.  
**Family:** Mom, Dad and younger brother.  
**Travels:** I’ve been to Jalisco, Oaxaca, several coastal areas in Mexico and I went on a Mexican Rivera Cruise to Cabo San Lucas, Mazatlan and Puerto Vallarta.  
**Pets:** I have 2 horses, Don and Camelia, and a Pomeranian named Chloe.  
**Favorite junk food:** Pizza  
**Greatest achievement:** Guide my students to success with their catechism course to make their First Holy Communion.  
**Of all people who would you like to have dinner with and why?** My great grandma because I would like to talk and dance with her.  
**Best advice ever given:** “It’s better to be safe than sorry.” – My Mom  
**Favorite Color:** Blue and purple  
**Favorite Board game:** As a child my favorite board game was Monopoly.  
**Favorite movie:** Pitch Perfect and The Notebook  
**Favorite TV show:** Pretty Little Liars  
**Favorite holiday:** Thanksgiving  
**A random or fun fact about you:** I was horse riding with my dad and had to jump over a canal while on the horse, it was the only way to get to the other side. It was the scariest thing I have ever done.

Thank you for your ongoing support of the SHARES program offered by SaveMart, Lucky and FoodMax stores. In 2009, CAPMC registered for the SHARES program and designated for the funds to benefit the CAPMC Relay for Life team. Many of you regularly used your SHARES card. However, CAPMC just received its final quarterly check for qualifying purchases from these stores. Over the life of the program, CAPMC has received over $19,000 that has benefited the American Cancer Society. On average about $2,700 annually was added to our CAPMC Relay team contributions.

A new Shares powered by eScript program has replaced the SHARES program effective April 1, 2016. Shoppers now only need to enter their phone number at check out to raise money for our agency. CAPMC has registered for the new program so that we don’t miss out on the fundraising. Leticia Aranda has registered the agency’s main phone number (559) 673-9173 if you’d like to use that phone number at check out.

If you have the Shares rewards program and you’d like to register your personal phone number, remember it’s free to register. Just login to www.escr ipt.com and set up your account. You can choose up to three schools and nonprofits to support. By choosing CAPMC, we will continue to earn 3% back on all qualified purchases.

If you have any questions about the registration process, please don’t hesitate to contact Tina Gomez at (559) 675-5761 or Leticia Aranda at (559) 675-5764.

Thanks so much,
Donna Tooley and Tina Gomez, Relay Co-Chairs
Support When You Need It..
Coping With Disaster

How prepared are you and your family to handle an emergency or other disaster? Although it's something we hope we rarely-if ever-have to encounter, having resources for preparing, coping with, and recovering from devastating circumstances is essential to your safety and well being.

MetLife EAP is available by phone or web 24/7 to help you address needs including:

- Professional counseling to help cope with the stress and anxiety of potential or realized disaster, crisis, or loss
- Financial consultation to identify ways to manage disaster recovery expenses
- Information, guidance, and referrals for concerns such as:
  - Provider location for emergency dependent or petcare
  - Identification of emergency housing
  - Disaster preparedness and evacuation procedures
  - State and national relief organizations
  - Tips for backing-up and protecting essential documents
- Legal consultation to help you understand your renters', homeowners', and insurance rights.

Please remember that helpful resources for managing stress, anxiety, and grief are also available online at [www.metlifeeap.com](http://www.metlifeeap.com) / 844-763-5843.

Safety Committee Messages:

1) Wear your CAPMC ID badge at all times to keep you and your peers safe,
2) Keep cool in hot / warm weather,
3) Drink water to cool down,
4) Apply sunscreen accordingly,
5) Ask visitors to sign in,
6) Meet your visitors at the lobby / sign-in station,
7) You are responsible for your visitor’s presence and safety.
Sun Safety

Studies show that exposure to the sun can cause skin cancer. Harmful rays from the sun—and from sunlamps and tanning beds—may also cause eye problems, weaken your immune system, and give you skin spots, wrinkles, or "leathery" skin. Sun damage to the body is caused by invisible ultraviolet (UV) radiation. People recognize sunburn as a type of skin damage caused by the sun. Tanning is also a sign of the skin reacting to potentially damaging UV radiation by producing additional pigmentation that provides it with some—but often not enough—protection against sunburn.

Although we all need to take precautions to protect our skin, people who need to be especially careful in the sun are those who have

- pale skin
- blond, red, or light brown hair
- been treated for skin cancer
- a family member who’s had skin cancer

Reduce Time in the Sun

It’s important to limit sun exposure between 10 a.m. and 2 p.m., when the sun’s rays are strongest. Even on an overcast day, up to 80 percent of the sun's UV rays can get through the clouds. Stay in the shade as much as possible throughout the day.

Tips for Applying Sunscreen

Apply the recommended amount evenly to all uncovered skin, especially your lips, nose, ears, neck, hands, and feet.

- Apply sunscreen 15 minutes before going out in the sun.
- If you don't have much hair, apply sunscreen to the top of your head, or wear a hat.
- Reapply at least every two hours.
- Give babies and children extra care in the sun. Ask a health care professional before applying sunscreen to children under 6 months old.
- Apply sunscreen to children older than 6 months every time they go out.

Protect the Eyes

Sunlight reflecting off snow, sand, or water further increases exposure to UV radiation and increases your risk of developing eye problems.

Tips for eye-related sun safety include:

- When buying sunglasses, look for a label that specifically offers 99 to 100 percent UV protection.
- Eyewear should be labeled "sunglasses." Otherwise, you can’t be sure they will offer enough protection.
- Pricier sunglasses don’t ensure greater UV protection.
- People who wear contact lenses that offer UV protection should still wear sunglasses.
- Wraparound sunglasses offer the most protection.
- Children should wear real sunglasses (not toy sunglasses!) that indicate the UV protection level.

This article appears on FDA’s Consumer Updates page, which features the latest on all FDA-regulated products.