Community Action Partnership of Madera County is pleased to announce that a Community Needs Assessment will be submitted to the Office of Community Services & Development the end of this month. The Needs Assessment gives valuable information about the specific needs in Madera County. Highlights include:

- The population estimate for Madera County in 2016 was 154,697 according to the U.S. Census Bureau, with the City of Madera holding 41% of the total county residents.
- The percentage of Madera County families with related children under 5 years old living in poverty was 32.2% in 2015, higher than the California state value of 15.5%.
- Forty-four percent of Madera County residents report speaking a language other than English at home.
- The homeless community remains an at-risk and vulnerable population, and the total homeless count for Madera County is 271 homeless persons during the 2017 Point-In-Time Count.
- Madera County has 30,213 seniors citizens (60 years and older) with 11,935 living in geographically isolated areas and 4,050 living alone.
- While only 1 out of 16 children is an immigrant, 42% have at least one immigrant parent, and in 26% of households both parents are immigrants. Families with members who are undocumented often “live in the shadows,” experiencing a lack of safety and fear of deportation.
- There are a total of 5,796 children documented as homeless students living in a “doubled-up” situation in the Madera School Districts based off the 2016-2017 school year.

CAPMC is required to submit the Community Needs Assessment to support the Community Action Plan of the agency for the next two years (2018-2019) as part of the Community Services Block Grant funding received. If you would like to learn more about the CAPMC Needs Assessment, please contact Gabriela Salazar at 559-675-5748 or via email at gsalazar@maderacap.org.

“Without a sense of caring, there can be no community.”

- Anthony J. D’Angelo

Pictured to the left: As part of the needs assessment process, public hearings were held to listen to members of the community. A particular public hearing focused on feedback from the Shunammite Place residents. The hearing was facilitated by our very own Board Member and County of Madera Supervisor, Mr. Robert Poythress.
CATCHING PEOPLE...

DOING THE RIGHT THING

SAFE PRACTICES...

Luis Joaquin, for being able to patch the holes in the resource room, paint the room, while being able to complete his daily routine and keep everyone’s space clean! Amazing work ethic! Thank you!

Adriana Pompa, for being gracious enough to do purchase orders for spend down, after she had finished them for the day. Kudos Adriana!

ALL MIGRANT HEAD START SITES AND MAINTENANCE STAFF for passing the health grantee monitoring visit without any findings. Great job!

Belinda Javius, for taking time to assist another accountant with a new grant budget using her experience with Cal OES programs.

Sandra Ramirez, for taking the time to assist another accountant to make a computer program run. She then took additional time to change the program language so the program returned additional information that will save hours of labor by making computations that were done manually in the past.

Ana Ibanez & Mary Ariz, for stepping up to help a domestic violence client get the services she needed after being dropped off at main office after 5:00pm. Luckily Ana and Mary were still in the building.

MARK YOUR CALENDAR

July 4, 2017—INDEPENDENCE DAY
July 13, 2017—BOARD OF DIRECTORS MEETING

Attention: The 2017 Neighborhood Farmer’s Market occurs every Thursday from 4:00pm to 6:00pm at Public Health located on 14215 Road 28, Madera, CA 93638. The Farmer’s Market will end July 6th. Don’t miss out!

S.A.F.E

Staying Accident Free Everyday

Congratulations to Mary Ariz for being May’s Safety Game Piece winner! Hooray!

Mary won a really handy lantern as a prize. Keep playing everyone, you might be the next winner!

SAFETY GAME PIECE

Do you think following are good safety practices for visitation/custody exchanges?

<table>
<thead>
<tr>
<th>Methods</th>
<th>Yes</th>
<th>No</th>
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<tbody>
<tr>
<td>Exchange custody at your home or your partner’s home.</td>
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<td>Meet in a restaurant, a bank, or near a police station.</td>
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<td>Bring a friend or relative with you to the exchanges.</td>
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<tr>
<td>Have your partner pick up the children from the school at the end of the day after you drop them off in the morning.</td>
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Due to the H/R Department—Friday 06/30/17 at noon.

NAME:________________________

I.D.#:_____________________

WORKSITE:____________________
Meet Cornelia den Heyer Graham also known as Cora. She is from a small town near Amsterdam Holland. Cora will be 99 in July and when asked what her secret for staying so young was, Cora’s reply was to not worry. Cora wants to reach 106 years old!
Cora is a participant of the Senior Nutrition Program and we would like to share her story...

During World War II the Nazis had headquarters in Amsterdam where a lot of restrictions were put on the people such as the water being closed off except for one half hour a day from 12:00pm to 12:30pm. Cora’s family had to cook on a small camp stove, they would burn anything they could find to stay warm. The Nazis closed off all the bridges going out, and trains no longer ran to take people here and there.

Cora shared there were Jewish quarters not far from her house, and she saw the Nazis round up Jewish people and put them on a train to be taken to concentration camp. Cora’s family was afraid to help the Jewish people, as they feared they would have been taken as well. Cora shared her and her family were arrested and taken to a school in Zutfen where they had to sleep on cold cement floors. Her family was afraid they would be taken to a factory and put to work. One day a man came by where they were being held captive and told them how wonderful Adolph Hitler was and he let them go. Hitler was a German politician who was the leader of the Nazi Party, Chancellor of Germany and Fuhrer of Nazi Germany. As a dictator of the German Reich, he initiated World War II in Europe with the invasion of Poland and was central to the holocaust.

The Nazi soldiers would barge into homes and ransack them to take whatever they wanted. The Danish people had coins made of gold and silver, being afraid that the Nazi soldiers would take their coins, they melted them down and made spoons out of them (see the picture to the left).

Eventually, Cora and her family returned to their house, but when they did, their house was full of fleas. The Nazi soldiers had stayed in the home with their dogs. When Cora’s husband walked in the house, the fleas jumped all over him.

Another story Cora shared is that her own mother entertained Eleanor Roosevelt with an afternoon tea. Mrs. Roosevelt had wanted to meet a middle class Dutch family so through an in-law who was going to school in the USA, and had met Mrs. Roosevelt’s daughter, the meeting was able to happen.

Before the war Cora’s husband was a car salesman. When the war broke out he had to cease selling cars. After the war ended her husband started selling cars again and after he raised enough money, he traveled to Long Beach, CA. Cora’s husband said to her “come to America, you will like it”. Cora was on a waiting list for 5 years before she was able to come to America. In 1955 Cora packed up her four children ages 4 to 8 and boarded the Nieuw Amsterdam ship and headed for America. Cora spoke some English so she was fortunate. She encountered a Dutch man who was also headed to America that spoke no English; he clung tight to her skirts once they landed at Ellis Island. They boarded a plane to head to Los Angeles, but the plane had troubles so they landed in Chicago. It was tough with four children and one old man; they had to sleep on tables at the airport until the next day when the plane was repaired. Cora and her husband met wonderful neighbors in Long Beach to whom she is still friends with to this day.

She now resides in Madera County and CAPMC is fortunate to serve her through the Senior Nutrition Program.
50 Ways to Encourage a Child

1. (Thumbs up) 26. That's the way to do it!
2. You're on the right track now. 27. You must have been practicing.
3. You've worked so hard on that. 28. You handled that so well.
4. I heard you say how you feel, that's great. 29. I like how you think.
5. Oh, that turned out very well. 30. Good remembering.
6. That's coming along nicely. 31. You know just what to do!
7. I'm proud of the way you worked today. 32. You are really persisting with this.
8. You've just about got it. 33. You expressed yourself so well.
9. That's the best you've ever done. 34. You did it!
10. You stayed so calm during that problem. 35. I knew you two could figure it out together.
11. That's it! 36. Excellent job saying how you feel.
12. Now you've figured it out! 37. I know it's hard, but you are almost there.
13. That's quite an improvement. 38. Fantastic problem solving!
15. Congratulations! 40. I know that was hard for you, but you stayed so calm.
16. I love hearing your words. 41. Yes!
17. What a super star you are. 42. Look at how you helped each other!
18. You solved the problem! 43. You finished faster because you worked together.
19. Keep working on it, you're almost there! 44. You kept trying!
20. Now you have it! 45. Excellent try.
21. Your brain must be working hard, you figured that out quickly. 46. You are a creative thinker.
22. I'll bet you are proud of yourself. 47. You're amazing!
23. One more time and you'll have it. 48. Terrific teamwork!
24. Great idea! 49. Nothing can stop you now.
25. Sensational! 50. You have such creative ideas.
Strengthen from the Inside Out

Resilience is often thought of as bouncing back from adversity, but we can also think of it as bouncing forward—using challenging experiences as opportunities for learning and growth. The following tips are designed to support you in enhancing resilience and reducing stress:

**Make A Plan To Change The Things You Can.** Identifying the things that are within your power to change—and taking action to change them—will allow you to feel both calmer and more empowered. Be sure to create clear action steps with timeframes, detailing what you’ll do and when.

**Tune-In To Self-Talk.** We can’t always control what happens in life, but we can control the way we respond—including what we say to ourselves about it. Self-talk is usually subconscious, and it’s typically negative. To change it, tune in and notice what you’re asking or telling yourself, without judgment. Then, look to reframe in a way that’s positive but that also feels authentic to you.

**Stress Time For Self-Care.** Making time for physical activity, connecting with supportive friends or loved ones, relaxation activities, sleep, and eating well will go a long way in helping to boost resilience. The stronger you’re feeling before a stressor hits, the better you’ll be able to handle it.

**Set And Maintain Boundaries.** Practice saying “no” to requests (when possible and appropriate) so that you’ll be able to say “yes” to more of the things you really want to do. Preserve your energy by limiting time spent with people who drain you and instead, spending more time around people and places that make you feel your best.
ATTENTION EVERYONE:
CAPMC is working on revamping its website to make it more user-friendly, efficient, and effective in promoting and advertising the many services that CAPMC has to offer. Stay tuned for the official release date of the new website!

Note: The current website is still fully available to all. Please visit us at www.maderacap.org

MESSAGES FROM SAFETY COMMITTEE

1) Don’t leave children and pets in your cars. Temperatures can quickly become unsafe for anyone inside a closed car during a hot day.
2) Have a maintenance check on your air-condition.
3) Conserve energy, and remember it can save you money!
4) Visit Community Services Dept. and ask about their energy assistance program that you might be eligible for.
2) PG&E offers various energy assistance programs.
3) Be aware of water safety around pool areas.
4) Be aware of food safety for summer cookouts; keep food cool and make sure perishable food does not stay out longer than it should.

DID YOU KNOW...
- That CAPMC has been helping people, changing lives since 1965?
- That the Community Services Block Grant repealed and replaced the Economic Opportunity Act of 1964; replacing federal funding to direct funding from block grants overseen by each state?
**Safety Planning Before and After Receiving a Restraining Order**

**What Constitutes A Violation Of The Restraining Order?**
The courthouse is not exempt from violations of restraining orders. The order is still in effect while you are in the courthouse. This means the defendant should not speak to you, gesture to you, talk to you through a third party or communicate with you in any way. Violations outside the courthouse, where there is a no contact order, can include any contact such as sending flowers, letters, email, phone calls or gifts. No contact means no contact.

**What To Do If The Restraining Order Is Violated?**
- In an emergency, call 911.
- Contact the police and report the violation.
- Keep a journal and document any contact or violations of the order.
- If a violation occurs in the courthouse, alert the court officer or court staff. Court officers have arrest powers in the courthouse.

**Safety When Appearing At Court And After You Get An Order...**
- Stay somewhere other than your home the night before a court hearing.
- Leave the children in the care of someone responsible when possible.
- Consider bringing someone with you for support.
- Park as close as possible to the courthouse.
- Ask for assistance from court staff.
- Try not to sit near or make eye contact with the defendant while in the courthouse.

**Safety at Your Workplace or In Public Areas...**
- When possible, talk to your boss about a safety plan at work. Try to arrange time off for court appearances.
- Keep your restraining order with you at all times.
- Let trusted co-workers and security know you have a restraining order.
- If available, request an escort from security to and from your car.
- Give a picture of your abuser to security at your workplace.
- Vary your schedule whenever possible.
- If you are being followed when in public, go to the nearest group of people.
- If you are followed when in your car, go to the nearest police station, fire station or public place such as a shopping area and blow your horn for help.

**Safety around Visitation...**
- Arrange for the children to be exchanged through a neutral party when possible, or arrange drop off and pick up of your children in a public place.
- Make the boundaries clear, such as times, length of visits, pick-up, etc.
- Have a specific visitation schedule court ordered.

**Safety At Home...**
- Inform friends, family and neighbors that you have a restraining order.
- Change all your locks, check your windows for security and consider installing motion sensitive lights.
- Ask police to do a safety check of your home for weak safety areas.
- Keep a cell phone with you. Ask your local police about 911 cell phones.
- Install an alarm system in your home.
- Have a plan ready in case the situation gets worse.
- Pack an overnight bag with copies of important papers and leave it in a safe place outside the home.

**Safety and Your Emotional Health...**
- This may be a hard time for you. Get as much emotional support as possible.
- Think about who you can trust and rely on for support, such as friends, family, faith leader, neighbors and/or co-workers.
- Seek counseling for you and your children by contacting local public health or counseling organizations.

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**Safety Committee Members**

<table>
<thead>
<tr>
<th>Administration</th>
<th>Gabriela Salazar</th>
<th>675-5748</th>
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<tbody>
<tr>
<td>Community Services</td>
<td>Perla Erigio</td>
<td>675-5740</td>
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<td></td>
<td>Sandra Garcia</td>
<td>675-5801</td>
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<td>APP/R &amp; R</td>
<td>Melissa Pacheco</td>
<td>675-5745</td>
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<td>Idelisa Duran</td>
<td>675-5776</td>
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<tr>
<td>Fiscal</td>
<td>Adriana Pompa</td>
<td>675-5735</td>
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<td>Brittney Erigio</td>
<td>675-5736</td>
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<tr>
<td>Fresno Migrant Head Start</td>
<td>Michael Carroll</td>
<td>276-5831</td>
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<td></td>
<td>Conrad Palacios</td>
<td>276-5842</td>
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<tr>
<td>Madera Head Start</td>
<td>Nicole Revis</td>
<td>675-5731</td>
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<td></td>
<td>Tammy McDougald</td>
<td>675-0291</td>
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<td></td>
<td>Karina Garcia</td>
<td>675-5720</td>
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<td>Yareny Pumarejo</td>
<td>665-0291</td>
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<td>Joe Arias</td>
<td>675-5272</td>
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<td>Silvia Sandoval</td>
<td>662-1788</td>
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<td>Julie Gowin</td>
<td>675-5738</td>
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<td>Human Resources:</td>
<td>Kelly Hanna</td>
<td>675-5767</td>
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<td>Victim Services:</td>
<td>Jennifer Coronado</td>
<td>675-5706</td>
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<td>Beryl Raviscioni</td>
<td>675-5708</td>
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**Days without INJURY As of 06/16/2017**

- **CAPMC: 108 DAYS**
  - Madera/Mariposa Regional HS: 71 DAYS
  - Madera Migrant /Seasonal HS: 14 DAYS
  - Fresno Migrant/Seasonal HS: 9 DAYS
• **RECOMMENDATION: F-1**  
Review and consider approving Heffernan Benefits Advisors to provide CAPMC employee benefits insurance brokerage and consulting services.  
**SUMMARY:**  
CAPMC has received ten proposals as the result of the request for proposal (RFP) process, and the process was done with the intent to assess and select the most qualified broker in the insurance industry serving non-profits organizations.  
The proposal submitted by the Heffernan Benefits Advisors appear to demonstrate as a leading brokerage firm serving non-profit entities in a wide range of creativities and solutions.  
**FINANCING:**  
Funds are allocated in the appropriate budget years and programs.  
**BOARD ACTION:** Approved

• **RECOMMENDATION: F-2**  
Ratify approval of the renewal of CAPMC Workers’ Compensation coverage and approve broker’s consulting fee.  
**SUMMARY:**  
CAPMC’s Workers’ Compensation Insurance Broker, Heffernan Insurance Services recommended to accept Cypress Insurance Company for the coverage effective June 1, 2017 to June 1, 2018.  
**FINANCING:**  
Not Applicable  
**BOARD ACTION:** Approved

• **RECOMMENDATION: F-3**  
Review and consider approving the 2017 Community Needs Assessment, a requirement of the Community Services Block Grant (CSBG) and needs to be completed every two years. The report describes and reviews the geographic area, the economy, characteristics of residents and the needs of families in our area.  
**FINANCING:**  
Not Applicable  
**BOARD ACTION:** Approved

• **RECOMMENDATION: F-4**  
Review and consider approving a Resolution to authorize the Executive Director and Board of Directors Chairperson to sign and submit the 2018-2019 Community Action Plan, Community Services Block Grant on behalf of the Board of Directors. Report to be distributed at meeting.  
**SUMMARY:**  
The Community Action Plan outlines CAPMC’s strategic plan for how the agency plans to address the needs of Madera County, based on the finalized Community Needs Assessment.  
**FINANCING:**  
Not Applicable  
**BOARD ACTION:** Approved

• **RECOMMENDATION: F-5**  
Ratify authorizing the Chief Financial Officer to file tax and information returns of Community Action Partnership of Madera County prepared by Randolph Scott & Company, CPA’s.  
**SUMMARY:**  
The agency is required to file certain tax and information returns each year. Randolph Scott & Company, CPA’s prepared the returns from the financial statement information for the year ended June 30, 2016.  
**FINANCING:**  
Not Applicable  
**BOARD ACTION:** Approved

• **RECOMMENDATION: F-6**  
Review and approve the job description for Accounting Supervisor position for the Fiscal Department and approve the reclassification of one Staff Accountant position. The salary schedule is at Range 23.5 ($20.33 – $24.76).  
**SUMMARY:**  
The Accounting Supervisor position has been created and defined to perform essential accounting functions and to direct and supervise the clerical staff within the Fiscal Department. The Accounting Supervisor will be responsible for accounts payable, payroll, payroll reporting, general ledger reconciliations and clerical activities. These responsibilities are being consolidated under one position. Two vacancies within the department have created the opportunity to review the job descriptions and reassign some responsibilities. An Accountant Program Manager  
**FINANCING:**  
$42,276 - $51,516 is the annual salary range for the new position and $4,908 - $5,988 is the annual impact of the reclassification. The indirect cost allocation funds this position.  
**BOARD ACTION:** Approved
Meet our Board of Directors

Public Officials
Miguel Gonzalez
Social Services
David Hernandez
Madera Unified School District
Robert Poythress
Madera County Board of Supervisors
Fiscal Management/Accounting
Cece Foley Gallegos,
Madera City Council
Dennis Haworth, Chairman
City of Chowchilla

Private Sector
Dennis Smith, Vice Chairman
Madera Chamber of Commerce
Maria Barajas,
Policy Council for Regional Head Start
Donald Holley,
Community Affairs Expertise
Eric LiCalsi,
Legal Expertise
Kathy Lopes,
Early Childhood Education and Development

Target Areas
Cynthia Russell
Central Madera/Alpha
Tyson Pogue
Eastern Madera County
Ruth Carral, Secretary/ Treasurer
Eastside/Parksdale
Griselda A. Martinez
Fairmead/Chowchilla
Ana Mendoza
Monroe/Washington

The CAPMC Board of Directors meets the second Thursday of every month, at 5:30pm in Conference Room 1/1a. Next Board Meeting is July 13, 2017.
Name: Jennifer Coronado
Job Title: Specialty Advocate

How long have you worked for CAPMC?
2011, hired as a Victim Advocate III, Moved to Kansas for 1 year and returned back to CAPMC 2014. In total 5 years.

Where were you born and raised? Madera

What do you do in your spare time? Play softball, help the wrestling program, watch movies and play with my son.

Family: My husband Sal and our son Owen and two pets. My parents and three sisters.

Travels: I love to travel. Moving out of California, I got the chance to travel to different states and visit Mount Rushmore.

Pets: A dog Evey and a cat Achilles

Favorite junk food: Fritos & Bean Dip

Greatest achievement: Completing my Master’s Degree

Favorite movie: While you were sleeping

Favorite song: Dream on, Aerosmith

Favorite holiday: Halloween

Favorite sports teams/individuals: San Francisco Giants

Favorite vacation spot: Camping anywhere

If you were stuck on a desert island and could only have three things, what would they be: Sunblock, a good book, & iPod

A random or fun fact about you: I have a twin sister

Please include some thoughts about your job, co-workers or the families you work with: I love working and assisting people in the community I live in. I have great co-workers that genuinely want to help those in crisis.

The CAPMC Warehouse Sale raised over $1,850 dollars! Proceeds to benefit the National Community Action Foundation, the National Migrant Seasonal Head Start Association—Campaña Para Nuestros Niños, and Relay for Life. Thank you to everyone that continues to support CAPMC fundraisers!

Do you know of an Agency event that you would like to see covered in the Action Connection? Do you have input about the newsletter? Would you like to contribute an article or pictures?

All submissions are welcome and appreciated!

Please contact: Gabriela Salazar, Assistant to the Executive Director at:
gsalazar@maderacap.org  Phone: (559) 675-5748  Fax: (559) 673-2859