Walk a Mile in Her Shoes 2018

By Jennifer Coronado

On behalf of the staff at Victim Services, we would like to thank everyone for their participation in this year’s Walk a Mile in Her Shoes Event. There were 92 participants registered for the event, the most walkers to date.

Every year, Victim Services coordinates the fundraiser event. Participants adorn women’s shoes and march around Courthouse Park. The purpose of the event is to bring awareness to sexual assault and to break the silence. In 2016/2017, Madera County served 338 victims of sexual assault; 256 of those victims were under the age of 18.

One of the programs, provided by CAPMC, that addresses child sexual abuse is the Child Forensic Interviews. This program allows children that are victims of crimes such as allegations of sexual abuse or assault, or are witnesses, to be interviewed in a friendly child-focused environment. In 2017, there were 126 children that were interviewed at CAPMC. With the help of donors, monetary donations, and event participants, Victim Services was able to continue providing services to survivors. We would not be able to do what we do without the continuous support from our community.

Thank You!
CATCHING PEOPLE DOING THE RIGHT THING/SAFE PRACTICES

DEBBIE MANEY, for spreading her knowledge of CAPMC services to those she encounters. Thank you for helping expand our reach!

LUIS JOAQUIN, for always being extra helpful when called upon to come in outside his regular work hours.

JAMES GUERRA, for getting through his internship with CAPMC and being on track to graduate from Fresno State with his Social Work degree. Thank you for all the support and positive attitude while you were in Community Services!

MATTIE MENDEZ, for continuously supporting clients, even using personal funds to secure housing for a homeless family! Helping people, changing lives...

MARK YOUR CALENDARS

May 10 – Board of Directors Meeting at 5:30 p.m.
May 13 – Mother’s Day
May 28 – Memorial Day
May 30 – Mattie’s Birthday
June 14 – Flag Day
June 17 – Father’s Day

Human Resources Messages:
1) Next New Employee/Volunteer Orientation (NE/VO) is on May 24, 2018.
2) Sexual Harassment and Workplace Violence Training is on May 22, 2018.
3) Smoking is not permitted at any time in or around the Agency’s premises;
4) Sick leave is for eligible employees who are unable to work due to illness or injury or who are caring for ill or injured family members.
5) When the absence is more than three days, employees must submit a medical certifications to their immediate supervisor to validate the cause as an excused absence.

Simple tips for a less stressed life

Everyone gets overwhelmed sometimes. But too much stress can be hard on your health – so it’s important to find ways to offset those negative effects. These healthy habits can help you stay cool under pressure, even when you’re pressed for time.

Sweat more, stress less
Symptoms of stress can create a vicious cycle between your mind and body. Exercise helps to break this cycle by relieving tension and releasing feel-good brain chemicals that fight the effects of stress.

Take a break to breathe
When stress strikes, try a few minutes of deep breathing. Breathe in for a count of 5, hold for 5, and exhale for 5. Repeat 10 times or until you start feeling more calm, grounded, and focused.

Unplug to recharge
Your phone needs time to recharge, and so does your brain. Disconnecting from digital noise for a little while each day can help you stress less, sleep better, and spend time doing more rewarding activities.

Visit kp.org/stressmanagement and follow @kpthrive.

Safety Game Piece

Due to the H/R Department—
Monday, 05/07/18 at 3:00 pm.

NAME:________________________
I.D.#:_____________________
WORKSITE:__________________
NEW VOLUNTARY BENEFITS COMING SOON!
Community Action Partnership of Madera County will begin offering new voluntary benefits through Colonial Life effective June 1, 2018. Our goal is to provide you with access to programs that will pay you CASH should you get sick or hurt. Your medical insurance only pays the doctors and hospitals. Because Colonial plans pay CASH to you, it means that you will have the ability to pay your mortgage, light bill, car payment or any other expenses you may have!

PLAN OPTIONS TO BE COVERED INCLUDE:

✓ **Disability Coverage (PAYCHECK INSURANCE):** Protect your most valuable asset – your ability to earn a paycheck! 50% of bankruptcies occur due to unforeseen accidents and illnesses that keep a person from earning an income. **Protect your paycheck for about one hours wage per week.**
  
  Option 1 – 30 day elimination period with 6 month benefit period  
  Option 2 – 180 day elimination period with 24 month benefit period

✓ **Accident Insurance:** Pays CASH to you for an off job injury which would help to offset the unexpected medical expenses, such as deductibles and co-payments that can result from a fracture, dislocation, or other accidental injury and an annual $50 wellness benefit (about $4 per week)

✓ **Critical Illness With Cancer Coverage:** Pays a lump sum from $5000-$75,000 for heart attack, stroke, cancer, etc. Spend the cash how you see fit to cover deductibles, time off of work, etc. (premium is based on age and smoking status)

✓ **10, 20 or 30 year Term Life Insurance:** 44% of Americans either have no life insurance or inadequate coverage. Term Life enables you to tailor coverage for your individual needs and helps provide financial security for your family members.

  ➢ Rates for all plans are guaranteed for life!
  ➢ Benefits pay CASH to you regardless of any other coverage you may have!
  ➢ Individual, spouse & dependent coverage available on most plans.
  ➢ Convenient automatic bank draft is available for premium payments.

Colonial Life representatives will be on site on **May 15th,** and are available to meet with you to help you learn about the benefit options, ask personal questions, and enroll in the coverages you are interested in. Please bring your banking account information with you in order to set up payment arrangements. The meeting will be take place from 10am to 12pm and will be held at:

Gill Office  
1225 Gill Ave.  
Madera, CA 93637  
Conference Room 1/1a

TAX SEASON COMES TO AN END
CAPMC was able to complete 295 tax returns this last tax season! Thanks to Chief Financial Officer Donna Tooley, Victim Services Coordinator Leticia Lujan-Rojas, and the various helpful volunteers who committed their weekends to helping those in need. CAPMC held the Volunteer Income Tax Assistance (V.I.T.A) program from February 3, 2018 through April 14, 2018 on Saturday starting at 9:00 a.m. and ending after their last client was assisted. All those whose tax returns were completed fell under the income guidelines of $54,000.

Thank you for your commitment to helping the community file their taxes and educating people along the way!
COMMUNITY ACTION PARTNERSHIP OF MADERA COUNTY, INC.
The Safety Committee Presents:

**Workers’ Compensation – General Information**

**What is workers’ compensation?**
If you get hurt on the job, your employer is required by law to pay for workers’ compensation benefits. You could get hurt by one event at work or repeated exposures at work. Workers’ compensation covers some, but not all, stress-related (psychological) injuries caused by your job. In addition, workers’ compensation may not cover an injury that is reported to the employer after the worker is told he or she will be terminated or laid off.

**What are the benefits?**
- **Medical Care.** Paid for by your employer, to help you recover from an injury or illness caused by work. This includes doctor visits and other treatment services, tests, medicines, equipment, and travel costs reasonably necessary to treat your injury.
- **Temporary Disability Benefits.** Payments if you lose wages because your injury prevents you from doing your usual job while recovering.
- **Permanent Disability Benefits.** Payments if you don’t recover completely and your injury causes a permanent loss of physical or mental function that a doctor can measure.
- **Supplemental Job Displacement Benefit.** A voucher to help pay for retraining or skill enhancement if you are eligible to receive permanent disability benefits.
- **Death Benefits.** Payments to your spouse, children, or other dependents if you die from a job injury or illness.

**How to predesignate your personal physician?**
You must notify your employer in writing by use optional DWC Form 9783 or your employer’s predesignation form. You can predesignate a doctor of medicine (MD) or doctor of osteopathy (DO) who treated you in the past and has your medical records. You cannot predesignate your personal chiropractor or acupuncturist, but if you give your employer the name of your personal chiropractor or acupuncturist in writing before you are injured, you may switch to this chiropractor or acupuncturist upon request, after you first see a doctor chosen by a claims administrator. You cannot predesignate unless the physician or medical group you predesignate agrees in advance to treat you for job injuries and illnesses.

**What should I do if I get hurt at work or develop a work-related medical problem?**
Report the injury or illness to your employer. Make sure your supervisor or someone else in management knows as soon as possible. If your injury or illness developed gradually (like tendinitis or hearing loss), report it as soon as you learn or believe it was caused by your job. Reporting promptly helps avoid problems and delays in receiving benefits, including medical care. If your employer does not learn about your injury within 30 days, you could lose your right to receive workers’ compensation benefits. If it’s an emergency, call 911 or go to an emergency room right away. Your employer must make sure that you have access to emergency treatment right away and may tell you where to go for treatment. Tell the medical staff that your injury or illness is job-related.

**How can I avoid getting hurt on the job?**
It’s best to prevent injuries before they happen. Follow the Injury and Illness Prevention Program to attend required training, to conduct workplace inspections, and to follow procedures for correcting unsafe conditions promptly. Report unsafe conditions to your supervisor immediately, if you have one. If no action, notify your Safety Committee members, Department Managers or Directors, or Executive Director, that enforce health and safety laws and practices.
COMMUNITY ACTION PARTNERSHIP OF MADERA COUNTY, INC.
THE SAFETY COMMITTEE PRESENTS:

PREPARING FOR A DISASTER WHEN SOMEONE HAS SPECIAL NEEDS
If a disaster strikes, will you be ready to help yourself and your loved ones?

Be ready to evacuate. Have a plan for getting yourself and your loved ones out of your home or building (ask family or friends for assistance, if necessary). Also, plan two evacuation routes because some roads may be closed or blocked in a disaster.

Create a self-help network of relatives, friends or co-workers to assist in an emergency.

If you think you may need assistance in a disaster, discuss needs with relatives, friends and co-workers and ask for their help.

Give a key to a trusted neighbor or friend who may be able to assist you in a disaster.

Wearing a medical alert tag or bracelet to identify your disability may help in case of an emergency.

In case of evacuation, pack a safety & comfort kit, which can include:
1. Blanket
2. Pillow
3. Folding chair
4. Sleeping bag or cot
5. Personal hygiene items
6. Identification and valuable documents (insurance, birth and marriage certificates, and special-needs forms)
7. Change of clothes
8. “Comfort” items such as a CD player and CDs (with extra batteries) or a DVD player and DVDs
9. Ear plugs or eye shades
10. Storage boxes for holding small items (could be plastic with fitted lids)
11. A drawing of the building layout and map of the area to give an orientation of where you are in relation to your home.
12. An ID bracelet and autism information cards to explain behaviors to others.

Some of these helpful tips are provided in part by FEMA’s report, “Disaster Preparedness for People with Disabilities.”

To view the FEMA report in its entirety, go to www.fema.gov/library/viewRecord.do?id=1442.

Messages from the Safety Committee:

✔ Keep up the great safety practices, no injuries occurred in March 2018.
✔ Be sure to use the new safety order form and safety catalog for your safety orders, found on CAPnet.
✔ Please note that Injury and Illness Prevention Program (IIPP), Heat Illness Prevention Program (HIPP), and Hazard Communication Standards will be updated.
✔ Inspect your office doors to see if they are functional and can be locked from inside, if not, ask any Safety Committee members on what to do.
✔ Speak up and don’t ignore the signs when your co-workers act or speak out of their norm.
The following is a synopsis of the Action Items from the Board of Director’s Meeting on April 12, 2018. If you are interested in seeing any items in more detail, please contact Gabriela Salazar.

- **RECOMMENDATION: F-1**  
  Review and consider approving Fresno Migrant/Seasonal Head Start’s Recruitment and Selection Procedures.  
  **SUMMARY:**  
  Fresno Migrant/Seasonal Head Start’s Recruitment and Selection Procedures are reviewed and updated annually to ensure proper compliance. All contributing factors are taken into account when formulating appropriate revisions.  
  **FINANCING:** None  
  **BOARD ACTION:** Approved

- **RECOMMENDATION: F-2**  
  **SUMMARY:**  
  The policy/procedure determines and guides staff and Policy Committee in the 2017 program planning and goal setting for Fresno Migrant/Seasonal Head Start. An annual self-assessment is conducted to determine if the program has achieved its goals and objectives as defined by the Community Assessment. To determine how effectively the management systems are working, and if the program is in compliance with the Head Start Performance Standards 1302.102(b)(2)(i).  
  **FINANCING:** None  
  **BOARD ACTION:** Approved

- **RECOMMENDATION: F-3**  
  Review and consider accepting the 2017-2018 Desired Results Data report for Fresno Migrant & Seasonal Head Start  
  **SUMMARY:**  
  Child assessments in Head Start provides an important role in improving classroom instruction and services to meet the needs of Head Start children. In response to this mandate, teachers conducted the Desired Results on-going assessment of the children during the 2017-2018 program with three checkpoints during the year. The data is used to identify areas of improvement for each classroom in order to plan activities for children to make gains in areas such as language, fine motor, etc. The goal of this process is to strengthen the quality of Fresno Migrant Head Start and to improve our efforts in preparing children for kindergarten.  
  **FINANCING:** None  
  **BOARD ACTION:** Approved

- **RECOMMENDATION: F-4**  
  Review the CAPMC Madera/Mariposa Regional and Early Head Start submission of Non-Federal Share waiver for 2017-2018 - Informational Only.  
  **SUMMARY:**  
  CAPMC Madera/Mariposa Head Start has determined that based on the current non-federal share (in-kind) earnings the program will not be able to meet the required non-federal share amount of $1,087,451 by the end of May. Therefore, staff will be submitting a waiver to Region IX for the amount of $50,000.  
  **FINANCING:** None

- **RECOMMENDATION: F-5**  
  Review CAPMC Madera/Mariposa Regional and Early Head Start Winter Program Report. Informational Item Only.  
  **SUMMARY:**  
  Per Head Start Program Performance Standards (HSPPS), 1302.102(d)(1), programs need to provide a status program report to the Policy Council and Governing Body at least semi-annually.  
  **FINANCING:** None

- **RECOMMENDATION: F-6**  
  Review and consider approving the Community Action Partnership and utilizing the designed CAPMC logo and name.  
  **SUMMARY:**  
  Branding and utilizing the national Community Action Partnership style guidelines allows for CAPMC to be identified as a Community Action Agency and helps CAPMC be differentiated from other social service organizations. Utilizing branding triggers feelings of trust, respect, and confidence.  
  **FINANCING:** Not Applicable  
  **BOARD ACTION:** Approved

- **RECOMMENDATION: F-7**  
  Review and accept the Child Forensic Interview Team (CFIT) Guidelines and Memorandum of Understanding effective April 1, 2018. Note: CFIT Guidelines and MOU will be distributed at meeting.  
  **SUMMARY:**  
  The purpose of the Child Forensic Interview Guidelines is to define a system approach for investigating, within a multidisciplinary framework, allegations of child sexual abuse within Madera County. The guidelines will ensure a cooperative and coordinated effort between city/county law enforcement agencies, the District Attorney’s Office, Probation Department, Department of Social Services, Department of Public Health, Department of Behavior Health, and Community Action Partnership of Madera County-Victim Services.  
  **FINANCING:** Not Applicable  
  **BOARD ACTION:** Approved
RECOMMENDATION: F-8
Review, ratify, and approve the Executive Director and Victim Services Program Manager to submit the National Children’s Alliance application for accredited members.

SUMMARY:
CAPMC is an Accredited Member of the National Children’s Alliance (NCA) since 2013. To maintain accreditation, CAPMC must demonstrate the ability to meet the 10 standards that NCA requires.

The 10 Standards revolve around the following:
1. Multidisciplinary Team
2. Cultural Competency and Diversity
3. Forensic Interviews
4. Victim Support and Advocacy
5. Medical Evaluation
6. Mental Health
7. Case Review
8. Case Tracking
9. Organizational Capacity
10. Child-Focused Setting

FINANCING: None

BOARD ACTION: Approved

Chowchilla Head Start Fashion Show and Clothes Study
By: Martha Bravo

Chowchilla Head Start would like to thank all the parents that supported the Clothes Study at the center. The children had a fabulous time and did a great job. The study ended with a Fashion Show where the children got to show off their creations.

Earth Day Celebrated by Mis Tesoros
By: Denise Carranco

On April 20th Mis Tesoros celebrated Earth day with the children by planting a tree on the playground, while also planning a male involvement/literature night at the parenting meeting. It was such a great day!
National Crime Victims’ Rights Week
By: Walter Perez

National Crime Victims’ Rights Week was commemorated April 8–14, 2018. This year’s theme—Expand the Circle: Reach All Victims.—emphasizes the importance of inclusion in victim services. The theme addresses how the crime victims’ field can better ensure that every crime victim has access to services and support and how professionals, organizations, and communities can work in tandem to reach all victims.

The Community Action Partnership of Madera County’s Kick Off event held on April 6th, honored those who serve victims of crime and commemorated those who have fallen victim to crime. This year’s honorees are pictured below:

Top row from left to right: Susan Arteaga – Former Deputy Director of Department of Social Services, Sylvia Romero – Madera County Behavioral Health Services, Zack Zamudio – Madera County Sheriff’s Office, Chief Dave Riviere – Chowchilla Police Department, Leticia Lujan-Rojas – Victim Services Coordinator, Benjamin Levy – Madera County District Attorney’s Office, Soroptimist International of Madera. Bottom row: MSHS Wrestling Team.

On behalf of Victim Services, we would like to thank all who attended, especially all those helping victims of crime.

Message from Administration

Please note that on April 12, 2018, the Board of Directors approved a recommendation to have the agency name and logo be used on all department and programmatic flyers, handouts, forms, publications, etc., so as to promote an agency-wide systematic usage of branding for CAPMC and to have our services better identified. From this point on, please make sure you are utilizing the Community Action Partnership of Madera County, Inc. full name and approved logo on all publications and forms, especially those shared with stakeholders, community partners, and the broader community.

More information can be found on the CAPMC website under Board of Directors -> Meetings and Agendas -> Board Packet for April 12, 2018 -> Item F-6, or by contacting your Department Program Manager. If you are in need of the logo, please contact Cristal Sanchez at c.sanchez@maderacap.org.
Red Sand Project

On Wednesday, April 11, 2018 members of CAPMC, along with community leaders and law enforcement attended an event aimed at bringing awareness to human trafficking by putting red sand in the cracks of sidewalks. This represents the opportunity for people to question, connect and to take action against vulnerabilities that can lead to human trafficking and exploitation. The Red Sand Project calls for a sidewalk intervention of people taking the time to find and fill a sidewalk crack with red sand, metaphorically representing those who fall through the cracks and that we cannot continue to merely walk over the most marginalized people in our communities.

This is a worldwide initiative, started by a New York inter-disciplinary, conceptual artist and activist by the name of Molly Gochman. The Red Sand Project is an initiative being supported by the OLIVE Foundation and the City of Madera Police Department.

If you would like to learn more visit: www.redsandproject.org and join the #RedSandProject.

Mommy Time

If you are pregnant, first time mom or have a baby up to the age of two, this group is for you!

Where: Family Resource Center
525 E. Yosemite Ave.
Madera, CA. 93638
When: Friday’s from 9-10:30am (Spanish)
11:00am-12:15pm (English)

Visit our websites:
www.maternaldepression.org
Nurture 2 Nurture

POSTPARTUM DEPRESSION AND ANXIETY DISORDERS ARE TREATABLE

Signs can include:
- Anxious or irritable feelings
- Sleeping too much or can’t sleep when baby sleeps
- Feelings of hopelessness, helplessness, guilt and sadness
- Eating too much or not eating enough
- Feeling like you are not a good mother
- Lack of interest in baby, family and friends
- Always worrying about baby’s safety

You are not alone!
You did not cause this!
You will get better with treatment!

We can help!
We provide screening, support networks, counseling, education and access to other services.
Nurture 2 Nurture Madera
550-675-4004

Visit our websites:
www.maternaldepression.org
Nurture 2 Nurture
Health and wellness tips for your work and life—presented by CAPMC

Do You Know the Signs of a Kidney Stone?
A recent study published in the Mayo Clinic Proceedings journal found that the prevalence of kidney stones has increased more than fourfold in women and more than twofold in men over the past 30 years. If treated in a timely fashion, kidney stones usually don’t cause permanent damage. Seek immediate medical attention if you experience any of the following:

- Pain so severe that you can’t sit still or find a comfortable position
- Pain accompanied by nausea, vomiting, fever or chills
- Blood in your urine
- Difficulty passing urine

5 Healthy Snacks to Satisfy Your Workday Hunger

Snacking can be an important part of a healthy diet. Healthy snacks can provide midday energy boosts and fuel for exercising, and can help decrease your hunger and the odds of overeating at mealtime. Try incorporating these five simple snacks into your meal plan.

1. **Almonds**—1.5 ounces of almonds (about 35 nuts) provides enough fiber, protein and good fats to keep you feeling full until your next meal.

2. **Greek yogurt parfait**—1 cup of Greek yogurt with berries is a great way to get protein, calcium, fiber and antioxidants.

3. **Blueberries and mini Babybel cheese**—1 cup of fresh blueberries has only 80 calories. When paired with two mini Babybel cheeses, you get a high dose of fiber, antioxidants, protein and calcium.

4. **Apple and ½ cup roasted chickpeas**—Apples are fat-, sodium- and cholesterol-free. What’s more? One medium-sized apple has less than 100 calories. When paired with ½ cup roasted chickpeas, you get a snack that provides protein, and good fats and carbs.

5. **Veggies with hummus**—Snacking on raw, fiber-rich vegetables during the day can help keep you full between meals. For extra protein, eat your veggies with hummus. Be sure to check the serving size on your hummus container to keep your portion size in check.
**Apple Sage Wild Rice Stuffing**

4 ounces pecans (chopped)
4 tsp. canola oil (divided)
1 ½ cups celery (diced)
1 ½ cups onions (diced)
1 medium-sized red apple (peeled, diced)
2 cups brown rice (cooked)
1 cup wild rice (cooked)
½ cup cranberries (dried)
1 jalapeno pepper (finely chopped)
1 ½ Tbsp. fresh sage (chopped)
¾ tsp. salt

**PREPARATIONS**

1. Heat a large skillet over medium-high heat. Add the pecans and cook 2-3 minutes or until beginning to brown, stirring frequently. Set aside on separate plate.
2. Heat 1 tsp. of the oil over medium heat. Cook the celery and onion 8 minutes or until beginning to lightly brown on edge, stirring occasionally.
3. Add the apples and cook 4 minutes or until fork-tender.
4. Stir in the pecans and the remaining ingredients and cook 3-4 minutes or until the rice mixture is heated, stirring occasionally.

Makes: 12 servings

**Nutritional Information (per serving)**

- Total Calories: 160
- Total Fat: 9 g
- Protein: 3 g
- Carbohydrates: 20 g
- Dietary Fiber: 3 g
- Saturated Fat: 1 g
- Sodium: 160 mg
- Total Sugars: 7 g

Source: USDA

**Save Lives: Don’t Be a Distracted Driver**

According to the Centers for Disease Control and Prevention, nine people are killed and over 1,000 others are injured every day in accidents that involve a distracted driver in the United States. The National Safety Council observes April as Distracted Driving Awareness Month to draw attention to this epidemic.

Distracted driving is driving while doing another activity that takes your attention away from the road, and can greatly increase the chance of a motor vehicle crash. While there is little you can do to control other people’s driving, there is plenty you can do to reduce your own distractions. There are three main types of distractions:

1. Visual: taking your eyes off the road
2. Manual: taking your hands off the wheel
3. Cognitive: taking your mind off of driving

By practicing safe driving techniques, you can significantly reduce your chances of being involved in an auto accident. In addition to avoiding distractions, it’s important to be aware of other drivers around you and make adjustments to your driving accordingly.
GET TO KNOW THE TEAM... Making a Difference

Name: David Castro Jr  
Job Title: Program Technician  
What do you like most about your job: Networking with such incredible people all around, and growing in every area of my job. 
What do you do in your spare time: Read books, articles, watch videos on astronomy, genetic editing, physics, football and MMA (mainly UFC). 
Family: I have a mom (Lilia) Dad (David Sr) and a younger sister (Beth) 
Travels: The furthest I have traveled was Portland, Oregon but I do plan on visiting Minnesota sometime later this year to watch the Vikings play a home game. 
Pets: 3 dogs; Lana, Bear, and Chiquita 
Favorite saying: “The more you seek the uncomfortable the more you become comfortable”- Conor McGregor 
Greatest achievement: Thus far in my young life my greatest achievement has been to work for FMSHS but I have billions of more achievements to accomplish and bring into reality. 
Of all people who would you like to have dinner with and why: Nikola Tesla, he is the smartest man to have ever walked the earth. I would love to lean so much from him, and about all of his great inventions, and get into his mind. 
Best advice ever given: “Most people fear the unknown, most people don’t know that on the other side of fear is all of your dreams”- Abe 
Favorite color: Gold 
Favorite movie: Pursuit of Happyness (Not a typo) 
Favorite sports teams/individuals: Minnesota Vikings/Conor McGregor 
If you were stuck on a desert island and could only have three things, what would they be: Water, Phone and In N Out 
A random or fun fact about you: I really like cars, I am a big fan of the BMW I8, Rolls Royce Wraith and Rolls Royce Dawn, and Tesla Roadster.
Please include some thoughts about your job, co-workers or the families you work with: I am very grateful for my job, I love learning and growing, my coworkers are amazing, Flora is an amazing leader, we all work as a team, it feels very warming and welcoming here at FMSHS, and it feels like family. It feels good to have such great, hardworking families to help, and work with.
How do you carry out the agency mission: By helping out families, informing them about our program.
Best thing about your position: Building relationships with everyone.
Advice to new employees on how to be successful in the agency: Be yourself, be patient, work hard, and do not be afraid to get out of your comfort zone.

Name: Celia E. González 
Job Title: Victim Advocate III 
What do you like most about your job: I like seeing my client’s reactions once they have achieved a level of security and accomplishment in their lives. 
What do you do in your spare time: I enjoy hanging out with family and friends, taking road trips, shopping, or simply staying in and watching a movie. 
Travels: Many places in Mexico and California, I have also been to Arizona and Las Vegas, Nevada. 
Pets: One dog “Osa”, and 3 gold fish 
Favorite junk food: Anything ‘Flamin Hot’ chips and Kettle Corn 
Favorite saying: “Let your Faith be bigger than your fears” 
Of all people who would you like to have dinner with and why: My brother Josh, because I would love to spend just a little more time with him and because he loved to eat! 
Best advice ever given: Before making any life altering decision seek advice from someone who has life experience. 
Favorite color: Turquoise & Grey 
Favorite movie: War Room & God’s Not Dead 
Favorite TV show: Friends and iZombie 
If you were stuck on a desert island and could only have three things, what would they be: Bible, lighter and fresh water 
A random or fun fact about you: I know how to play the bass guitar, the piano and I am learning how to play the ukulele.
Please include some thoughts about your job, co-workers or the families you work with: I enjoy my job, helping others through difficult times is a great feeling. My co-workers have been very helpful, patient, and friendly throughout the time I have been here and I am thankful for a great work environment with great people in it. 
How do you carry out the agency mission: By helping victims of crime regain security and control of their lives, allowing them to grow personally and become strong leaders for their families. 
Advice to new employees on how to be successful in the agency: Do your best in everything and do not be afraid to ask questions. 
A must-know fact about you: I am a Christian, I am very involved in my church. I do not like avocado and I can laugh pretty loud at times.

Do you know of an Agency event that you would like to see covered in the Action Connection? Do you have input about the newsletter? Would you like to contribute an article or pictures? All submissions are welcome and appreciated! Please contact: Cristal Sanchez, at: c.sanchez@maderacap.org Phone: (559) 675-5748 Fax: (559) 673-2859