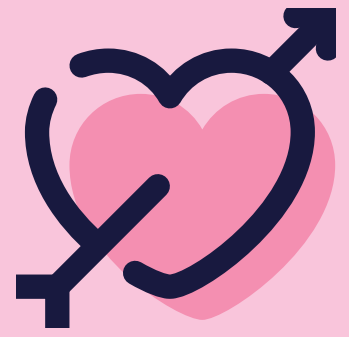


# Madera & Fresno Migrant Head Start

Issue # 2 - February 2024



We had a great Winter season and it is all because of our **AMAZING** staff!



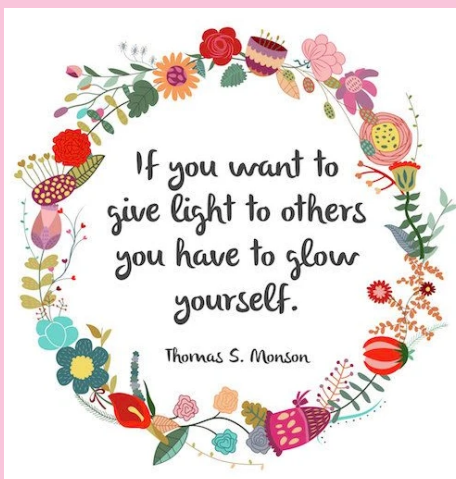
Our Head Start Mission is to provide high quality comprehensive education services to Children and Families in communities from Madera all the way to Reedley. This mission takes a village of dedicated teams in each center, all working with purpose and intentionality to provide the highest quality services in all areas.

We want to acknowledge each one of you for the role that you play and the efforts you contribute daily to move our mission forward. It is because of you that our program is stronger and more effective which produces better outcomes for children and families.

As the winter program comes to an end, we wish you a restful time off and our hope is that all you have given throughout the season is returned back to you in abundance.

Take care of yourself and we will see you next season!

## Self-Care



## Take Time to show Love to Yourself

We know that our profession requires a lot of love, compassion and patience and without paying attention and making time for your own self-care, you are at risk to feel exhausted, frustrated and stressed.

We are all responsible for our own wellness, we encourage you to take steps to practice self-care in your daily routine. Please scan the QR code for tips on taking care of yourself.



# Madera Migrant Winter Program Highlights



Lina Bojorquez, Sandra Cruz, Martha Chavez, Graciela Santiago, Estela Simental, Rosalita Ramirez, Rosalva Romero

We want to CELEBRATE our "Teaching Pyramid Champions" for completing the *Teaching Pyramid Social Emotional Framework* cohort. Through the 18-hours of training, you have shown your dedication to promoting social-emotional development, which includes providing nurturing and responsive relationships, creating high-quality supportive environments, and teaching targeted social-emotional skills. As you apply all you learned, you are helping to support children's appropriate behavior and also preventing challenging behaviors.

Way to Go!!! We are so PROUD of you!!

## Fresno Migrant Winter Program Highlights

Inez Rodriguez- Reedley



Trinidad Rosas and Nicole Trejo are very intentional about applying the Teaching Pyramid practices in the classroom to support the children's Social Emotional skills. They know that by offering opportunities for children to identify their feelings they will gain an understanding about their own feelings which in turn, helps them to understand how others may feel and build empathy.

Way to Go Pyramid Model Champions!



## Professional Development

Madera County Office of Education has two trainings offered to anyone with a CA registry number.

2/3/2024

Virtual: "Language and Literacy Concepts About Print"  
from 8:30-10:30

2/10/2024

In-Person @ MCSOS Building-  
Room 7

Title: "Interactive Circle Time"  
From 9:00-12:00.

Please register at [caregistry.org](https://www.caregistry.org)  
<https://www.caregistry.org/>

If you have any questions or need any support, please feel free to reach out to Julie Gowin (559) 507-8027 or email me: [jgowin@maderacap.org](mailto:jgowin@maderacap.org)