

# COACHING CORNER

## Regional Head Start

April 2024

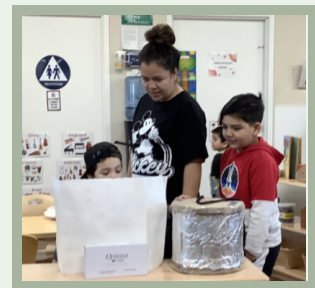
### Verdell McKelvey Head Start



Families were encouraged to create a poster to illustrate their special instrument and explain the process of how they made the instrument with their family.



Way to go Elva, Ida, Betty and Galilea!  
It looks like this study provided lots of learning and possibly inspired future musicians or song writers.



Families were invited to attend a "Celebration of Learning" Event where they got a chance to look at all of the displays and see the homemade instruments.

### spring

self-care challenge



- Notice changes around you
- Redecorate your house
- Visit the farmer's market
- Go for a walk
- Adopt some plants
- Grow your own food
- Capture spring scenery



## Spring into Self-Care

Self-compassion is described as "To honor and accept your humanness." Self-compassion opens the door for learning, unlearning, and relearning. This is the learning process we all need in order to experience growth.

Here are three useful tips to support your self-compassion journey.

1. Give yourself grace
2. Set Boundaries
3. Rest

The article below describes these strategies in more detail. It's only a 3-minute read time and it will be worth it.

<https://teachingstrategies.com/blog/reflect-renew-and-reset-practicing-self-compassion/>



## Professional Development

Don't miss out on this last event to earn 3 hours of professional development from the Madera County Office of Education. The last training will be held in-person on April 13th from 9:00-12:00 at the MCSOS building - 1105 S. Madera Ave. Conference Room 3

The title of the workshop is called, "Artfully Awesome, Lets Get Process Focused" Register now because there are only 60 slots available!

<https://www.caregistry.org/index.cfm?module=trainingEventDetails>

## CLASS

## Clarity of Learning Objectives

Teachers have a good reason for why they put certain activities on the lesson plan. Teachers are also well prepared knowing the purpose and objective of the activity. Lastly, a teacher must convey to the student what the purpose and objective is in order to focus their attention towards the desired outcome. Clarity of Learning Objective measures how well the student understands why they are doing these planned activities and what they will learn by doing them. The resource below will provide examples of ways a teacher can increase the children's understanding of the learning they are engaging in.

<https://info.teachstone.com/hubfs/Clarity%20Of%20Learning%20Objectives.pdf>



## Look What's Happening

April 13th- "Artfully Awesome" workshop- MCSOS 9:00-12:00 (see above for details)

April 19th- DRDP's Due for students that started at the beginning of the year.

April 26th- Newbie Workshop- stay tuned for more details coming soon.



## Spring into Science

*Spring is in the air and flowers are everywhere!*

A simple Earth science experiment is to let your students explore real flowers, but give it a fun twist by making a simple ice melt activity or by adding real flowers to a water sensory bin. Lastly, think about exploring flowers nearby, rather than pick them, make an observational drawing and go back in a few days to see if they have changed. (bring a ruler to measure it too)

SCAN ME

to learn more!



We hope you enjoyed the content and resources, if you have any suggestions or need support, please contact:  
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