

Fresno and Madera Migrant Head Start

Coaching Corner

MMHS- Sierra Vista

August 2024

POD 1 Building Study

















POD 2 Wheels Study

POD 3 Light Study



















POD 4 Water Study

POD 5
Learning
in Action

















POD 6 Kindergarten Study

FMHS- Five Points

Esther Lopez is so proud to highlight what's happening at the Five Points center.

The preschoolers had a firefighter visit and enjoyed the real experience of spraying the hose. Children were spending time beautifying the center with their gardening skills and the mobile infants are working on developing friendship skills which will last a lifetime. Our hats off to the staff at Five Points!!











We would like to introduce you to our New Professional Development Coach, Blanca Juarez.

Many of you have had the chance to see Blanca in action as she supported your classroom or provided curriculum boxes to your center. Here is a little more her:

My favorites: Food: Pizza

Ice Cream: Rocky Road

Color: Pink

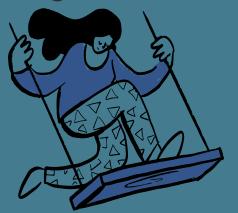
Hobby: Watching True Crime

I am happiest when: I am with my family!



Contact information: (559) 507-8036 bjuarez@maderacap.org

Play and Fun



To learn more about building your own Health & Wellness Toolkit, scan the QR code for more ideas.

Self-Care/Wellness

We know that as educators, we spend much of our day playing with children. Now, think of the last time you played and had fun in your own personal life. It's important to consider playful and fun activities as a means of self-care. Example: dancing, listening to music, going out with friends, arts and crafts, creative cooking, going on adventures, travel, exploring something new, taking a class. These fun activities are bound to make your heart leap with joy sending the happy hormone serotonin through you buffering all the stressors.



Kinder Camp- Valley West H2 Study

What peaks the children's interest in the hot summer months? Nice, cool, refreshing WATER! Shout Out to all the teaching staff at Valley West for preparing the children for Kindergarten by exploring and learning through water play!!













Let's Embrace a Fresh Start!

This year, be motivated in your work by reflecting on the 3 W's: Why? Who? What?



What are your 3 W's? Listening to this powerful 9-minute podcast will help you reflect on the important things which will inspire you to refocus and reconnect with your passion for teaching and maintaining your motivation throughout the school year. Click or scan the QR code below.



https://podcasts.apple.com/us/podcast /new-school-year-reset-embracing-afresh-start/id1403405695? i=1000626087411

Active Supervison Transition Tips

<u>Prepare</u> children to move from one activity or setting to another by providing verbal cues before transitioning. (ex. Five more minutes until we go outside.")

<u>Plan</u> for transitions by limiting the number of transitions in your daily routine. Make sure to plan for what each adult will be responsible for during the transition.

Individualize transition strategies by providing support to children who need extra help. Use photos depicting the next activity, give directions in a child's home language or give an individual warning to a child to indicate that they will begin a new activity. (ex. Give child a transition object to use during the transition)

Provide positive attention to the children following the transitions smoothly by giving very positive descriptive acknowledgement during and after the transition. "(ex. Susie is finished cleaning up and walking to the carpet for circle time.)

Access the QR code to watch a 4-minute video with more details and tips to support your smooth transitions.



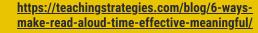
Creative Curriculum Resource!



The Joys of Reading: Six Ways to Make Read-Aloud Time Effective and Meaningful

- 1. Establish regular times for readalouds.
- 2. Maintain interest and encourage engagement.
- 3. Read in small groups.
- 4. Support Multilingual learners.
- 5. Introduce new vocabulary.
- 6. Infants and Toddler tips

To learn more from the experts about how to implement the tips, click the link below for strategies and short video clip examples.





We hope you enjoyed all the resources. If you need any support or have any questions, please reach out to: Julie Gowin @ (559) 507-8027 or jgowin@maderacap.org. or Blanca Juarez A (559) 507-8036 bjuarez@maderacap.org