



# Regional Head Start Coaching Corner

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North Fork Head Start Team  
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This welcoming environment sends the message that this place is a good place to be; that children and families belong here and they are loved. The visuals help children get to know and understand the routine and expectations which helps increase their sense of safety and security.

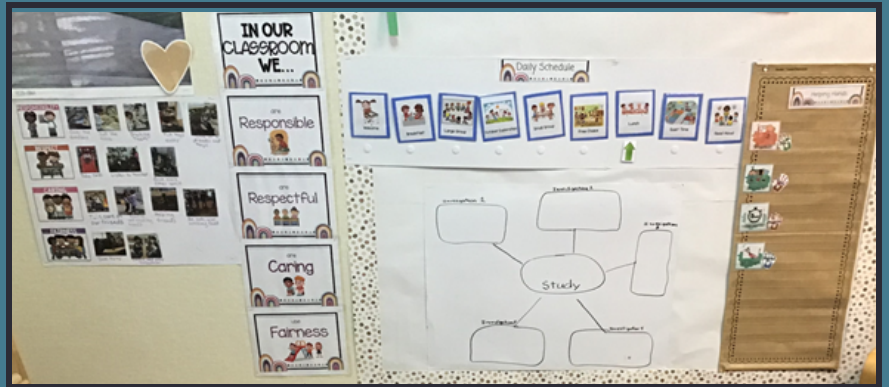
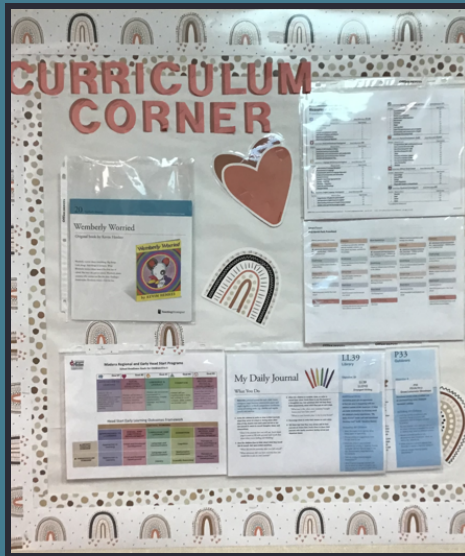
Children have started developing their autonomy by participating in classroom jobs and the curriculum is being

implemented following the "Beginning of the Year Study."

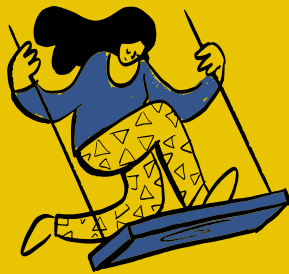
What a successful transition for children and families!



Look at this inviting Library, what a cute little cozy Book Nook.



## Play and Fun



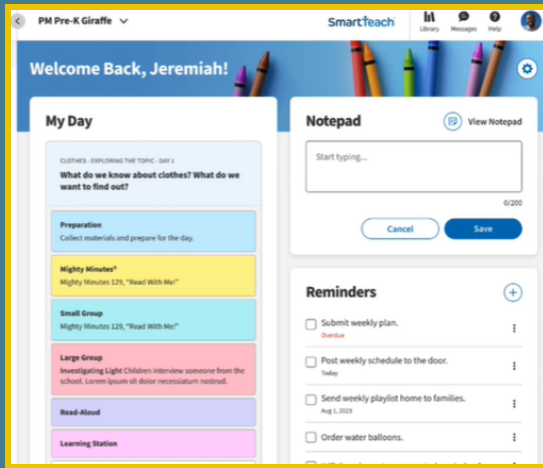
To learn more about building your own Health & Wellness Toolkit, scan the QR code for more ideas.



We know that as educators, we spend much of our day playing with children. Now, think of the last time you played and had fun in your own personal life. It's important to consider playful and fun activities as a means of self-care. Example: dancing, listening to music, going out with friends, arts and crafts, creative cooking, going on adventures, travel, exploring something new, taking a class.

These fun activities are bound to make your heart leap with joy sending the happy hormone serotonin through you buffering all the stressors.

# Teaching Strategies Update!!!



Good news!!! Teaching Strategies has updated their iCloud platform to provide us with a fresh, more modern user experience without changing any of the features that you use to create lesson plans and kept all the areas that you know and love the same. To learn more, check out this 2 minute video.

[Quick Hit Video: SmartTeach for Teachers on Vimeo](#)



## Let's Embrace a Fresh Start!

This year, be motivated in your work by reflecting on the 3 W's: Why? Who? What?

What are your 3 W's? Listening to this powerful 9-minute podcast will help you reflect on the important things which will inspire you to refocus and reconnect with your passion for teaching and maintain your motivation throughout the school year.



<https://podcasts.apple.com/us/podcast/new-school-year-reset-embracing-a-fresh-start/id1403405695?i=1000626087411>

# Active Supervision Transition Tips

**Prepare** children to move from one activity or setting to another by providing verbal cues before transitioning. (ex. *Five more minutes until we go outside.*)

**Plan** for transitions by limiting the number of transitions in your daily routine. Make sure to plan for what each adult will be responsible for during the transition.

**Individualize** transition strategies by providing support to children who need extra help. Use photos depicting the next activity, give directions in a child's home language or give an individual warning to a child to indicate that they will begin a new activity. (ex. *Give child a transition object to use during the transition*)

**Provide positive attention** to the children following the transitions smoothly by giving very positive descriptive acknowledgement during and after the transition. (ex. *Susie is finished cleaning up and walking to the carpet for circle time.*)

For more helpful tips, scan the QR Code.



We hope you enjoyed all the resources. If you need any support or have any questions, please reach out to: Julie Gowin @ (559) 507-8027 or [jgowin@maderacap.org](mailto:jgowin@maderacap.org)