# CAPMC HEAD START NEWSLETTER

### October 2024

This month, we will share information on the importance of understanding active supervision and child safety. As a program, we are dedicated to supporting your child's development and safety. We will provide information on what wandering, hiding, and pulling away looks like; what is developmentally appropriate and the importance of communicating with your child's teacher. Knowing about these types of incidences helps us know how to best support your child to teach them and keep them safe.

#### Wandering / Elopement:

Wandering, also called elopement, refers to when a child leaves a safe area or a responsible caregiver. This typically includes situations where the child may be injured or harmed as a result.

#### Hiding:

Hide and seek is a normal part of childhood. However, hiding becomes a concern when a child can't be found for an extended period of time and doesn't respond when their name is called or to an adult's verbal prompts for discovery.

#### **Pulling Away:**

When a child pulls away and flees from conflict with adults or peers and runs away to an unsafe, unsupervised location or does not stop when an adult calls for them or comes after them, this type of behavior can put a child in danger and is considered unsafe.

## What is Developmentally Appropriate?

Children ages 0-5 years old are all working on their social emotional development and self-regulation skills at different levels, depending on their age and individual circumstances. Through relationships with a modeling from their caregivers children are learning how to:

- Listen and understand language
- Communicate and express themselves
- Name and identify their feelings
- Regulate their feelings and behavior
- Problem solve
- Socialize with other children
- Cope with and resolve conflict
- Keep themselves and others safe

Child safety concerns arise when a child struggles to learn or has never been taught these skills before and then engages in unsafe behaviors as a result.

In our early childhood classrooms and outdoor environments, we have implemented multiple active supervision and safety systems. These systems ensure that your child is always visible, audible, and most importantly, safe. For more information about these systems and how to keep your children safe while they are at school, we encourage you to contact your Center Director or Family Advocate at your center. They are always available to address any safety-related inquiries you may have.



## PARENT RESOURCES

### October 2024

#### Pyramid Model - Strategy Of The Month

This month we will share some brief tips on how to help your child recognize and understand fear. Try the following at home:

- Notice and label when your child or others are scared.
- Provide comfort and spend quality time together when he is scared.
- Use playtime to explore fears.
- Celebrate your child's successes.
- Read books about being scared.



For more information scan the QR code above.

#### Madera Eats Presents. **SPOOKTACULAR**

Costume contest, games, prizes, food trucks, and more.

Saturday, October 19th | 6 - 10 PM Lions Town & Country Park 2300 Howard Road, Madera

Costume Contest Age Groups: 3-5 | 6-8 | 9-11 Judging begins at 7:30 PM

#### **National Night Out** Free Halloween Edition Event! October 30th Madera County Courthouse Park 5:30 PM - 8:30 PM 0 Join us for a family fun night out with your local law enforcement agencies! Bake your best pumpkin cheesecake Tricks, Treats & A Costume Contest! Win an overnight stay at a local resort!

#### Halloween Treat Trail

Saturday, October 26th 6 PM - 8:30 PM Chowchilla Veterans **Memorial Park** 

Costume Contest Age Groups: Infants-5 | 6-13 | 13-Adult

Costume Contest Begins at 6:30 PM

#### Trunk-or-Treat

Join the first business trunk or treat hosted by the **Beauty Boost** 

October 27th

5 PM - 8 PM

O Street Firebaugh



#### Trunk-or-Treat

Hosted by Amor Wellness Center October 31st

4 PM - 7 PM 115 Belmont Ave. Mendota

Raffles, Candy, Music and Costume Contests



## Tarantula Awareness Festival

October 30th | 10:30 AM - 5 PM **Coarsegold Historic Village** 35300 Hwy 41 Coarsegold, CA 93614

Food, Crafts, Prizes and Fun! Contest Sign Ups Begin at 10:30 AM